

2003 California Children's Healthy Eating and Exercise Practices Survey

Table 5: Range in Number of Servings of Salads Eaten per Typical Weekday for All Eating Occasions (Diary Sample)

How many servings of each (fruits, vegetables, 100% juices (vegetable or fruit), salads) did your child eat/drink in this category?

	Servings of Salads, Percent	
	0 ¹	1+
Total	86	14
Gender		
Males	88	12
Females	84	16
Ethnicity		
White	85	15
African American	77	23
Latino	88	12
Asian/Other	88	12
Income		
≤\$19,999	87	13
\$20,000 - \$49,999	87	13
≥\$50,000	85	15
Federal Poverty Level		
≤ 185%	87	13
> 185%	86	14
Food Stamps		
Yes	82	18
No	86	14
Overweight Status		
Not at Risk	86	14
At Risk/Overweight	86	14
Physical Activity		
≥60 minutes	88	12
<60 minutes	84	16
School Breakfast		
Yes	84	16
No	87	13
School Lunch		
Yes	86	14
No	86	14
Nutrition Lesson		
Yes	89	11
No	83	17
Exercise Lesson		
Yes	87	13
No	84	16

¹ Categorized as having 0.5 servings or less.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05